

Asthma Materials from the Center for Environmental Health



NEW! Have Asthma? Take a Look Around You. This brochure helps people with asthma identify asthma triggers and offers practical ideas for reducing exposure to indoor and outdoor triggers. It was developed by clinical and environmental health professionals with input from literacy teachers and students. Its easy-reading presentation has plenty of pictures and ideas for reducing asthma episodes. It also includes a double-sided, tear-off panel for patients to use with their health care providers to better manage asthma.



Working Together Asthma brochure series. These three brochures were developed with input from asthma patients and health care professionals about important messages for managing asthma. They are intended for patients and health care professionals to use together to improve their partnership in managing asthma. Order **Managing Asthma**, **Peak Flow Meters and Logs** or **Environmental Asthma Triggers** individually or as a set.



Is Your Asthma Work-Related? This brochure provides information about work-related asthma and suggests action steps for people to control their asthma in different work environments.

View these and other asthma materials at www.nyhealth.gov/diseases/asthma/brochures.htm

A Few Other Publications that Might be of Interest ...



Reducing Environmental Exposures: The Seven Best Kid-Friendly Practices. This 12-page booklet provides practical advice for reducing exposures to some commonly-used chemicals and hazardous substances. Use this guide at home or school to create a healthier environment for children and adults. Includes a list of reference publications. Available in English and Spanish.



Be A Good Hand Washer poster. This laminated poster is a great tool for young children to help teach good handwashing. Available in English and Spanish.



Good Handwashing static cling. Stick this small, removable cling on bathroom mirrors and other hard surfaces to help reinforce good handwashing. Available in English and Spanish.

ORDER FORM ON BACK

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Please fill out this form and circle quantities so that your request for materials can be processed. For different quantities, please contact New York State Department of Health Center for Environmental Health by phone at (800) 458-1158 or by email at ceheduc@health.state.ny.us.

RETURN TO: New York State Department of Health
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 21 Simmons Lane
 Menands, New York 12204
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 Email: b0019w@health.state.ny.us

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Check this box for a copy of the New York State Department of Health Publications Catalog (#4208)

| Title | Pub # | Description | Language | Quantity | | |
|--|-------|---|----------|----------|----|-----|
| Have Asthma? Take a Look Around You (BROCHURE) | 4990 | NEW! Designed to help people with asthma identify their triggers and to suggest practical ideas for reducing exposure to triggers indoors and outdoors. This brochure was developed by clinical and environmental health professionals with input from literacy teachers and students. Its easy-reading presentation includes lots of pictures and stories about steps to take to reduce asthma episodes. It also includes a two-sided, tear-off panel for patients to use with their doctors to better manage asthma. | English | 25 | 50 | 100 |
| Managing Asthma (BROCHURE) | 4954 | Provides information about the tools and techniques to manage asthma. This brochure is part of the Working Together series, which was developed based on conversations with asthma patients and health care professionals about important messages for managing asthma. | English | 25 | 50 | 100 |
| Environmental Asthma Triggers (BROCHURE) | 4955 | Provides information about environmental asthma triggers. This brochure is part of the Working Together series, which was developed based on conversations with asthma patients and health care professionals about important messages for managing asthma. | English | 25 | 50 | 100 |
| Peak Flow Meters and Logs (BROCHURE) | 4956 | Provides information about the use of peak flow meters and logs to manage their asthma. This brochure is part of the Working Together series, which was developed based on conversations with asthma patients and health care professionals about important messages for managing asthma. | English | 25 | 50 | 100 |
| Is Your Asthma Work-Related? (BROCHURE) | 2775 | Provides information about work-related asthma and suggests action steps for people to control their asthma in different work environments. | English | 25 | 50 | 100 |
| Reducing Environmental Exposures: The Seven Best Kid-Friendly Practices (BOOKLET) | 2818 | This 12-page booklet provides practical advice for reducing exposures to some commonly-used chemicals and hazardous substances. Use this guide at home or school to create a healthier environment for children and adults. Includes a list of reference publications. | English | 25 | 50 | 100 |
| | 2819 | | Spanish | 25 | 50 | 100 |
| Be A Good Hand Washer (POSTER) | 7220 | This laminated tabloid-sized poster is a great tool for young children to help teach good handwashing. | English | 1 | 5 | 10 |
| | 7221 | | Spanish | 1 | 5 | 10 |
| Good Handwashing (STATIC CLING) | 7210 | Stick this small, removable cling on bathroom mirrors or other hard surfaces to help reinforce good handwashing. | English | 1 | 25 | 50 |
| | 7211 | | Spanish | 1 | 25 | 50 |